



Palliative • Hospice • Family Support

If you are unable to communicate your healthcare wishes, who will speak for you, and will they know what to say?

Advance care planning helps your loved ones and healthcare providers honor your goals and wishes if you are unable to speak for yourself. If you are ever in an accident, have surgery, or get a serious illness, you may need someone who knows your wishes to be your advocate.

Offering In-Person & Virtual Workshops

All workshops, both In-Person & Virtual start at 1 p.m. **Free of Charge.**

Join from anywhere every Tuesday at 1:00pm

MARCH SCHEDULE

East Bend

Tuesday @ 2pm
03/26/24

East Bend Public Library
420 Flint Hill Rd. East Bend

King

Wednesday @ 1pm
03/27/24

King Senior Center
107 White Road
Community Bldg.
Lower level of Recreation Acres

Mocksville

Wednesday @ 1pm
03/13/24

Davie County Senior Center
278 Meroney St.

Salisbury

Wednesday @ 10am
03/28/24

Rufty-Holmes Senior Center
1120 Martin Luther King Jr Ave S.

Winston-Salem

Thursday @ 2pm
03/14/24

Intergenerational (Generations) Center
114 W. 30th Street, Room #602
(Behind Senior Services)

Wednesday @ 8:30am
03/20/24

Veterans Cup Meeting at
American Legion Post 55
111 Miller St.

Wednesday @ 5pm
03/27/24

Trellis Supportive Care
ECC Conference Room Side B
101 Hospice Ln.



VIRTUAL
Advance Directive Workshops



IN-PERSON
Advance Directive Workshops



For information about workshops contact
Jacob Gordon at JGordon@TrellisSupport.org

TrellisSupport.org

888-876-3663