

Offering In-Person & Virtual Workshops

All workshops are **Free of Charge**.

If you are unable to communicate your healthcare wishes, who will speak for you, and will they know what to say?

Advance care planning helps your loved ones and healthcare providers honor your goals and wishes if you are unable to speak for yourself. If you are ever in an accident, have surgery, or get a serious illness, you may need someone who knows your wishes to be your advocate.

DECEMBER WORKSHOP SCHEDULE



King

Wednesday @ 3pm
12/17/25

King Senior Center
107 White Road
Community Bldg.
Lower level of Recreation Acres

Lexington

Wednesday @ 2pm
12/03/25

Lexington Medical Center
250 Hospital Dr.

Mocksville

Wednesday @ 1pm
12/10/25

Davie County Senior Center
278 Meroney St.



Winston-Salem

Thursday @ 2pm
12/11/25

Generations Center
114 W. 30th Street
(Behind Senior Services)



Join from anywhere every **Tuesday at 1:00pm**

For access details and to register,
please contact GotPlans@TrellisSupport.org

or call 888-876-3663.

TrellisSupport.org

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