

If you are unable to communicate your healthcare wishes, who will speak for you, and will they know what to say?

Advance care planning helps your loved ones and healthcare providers honor your goals and wishes if you are unable to speak for yourself. If you are ever in an accident, have surgery, or get a serious illness, you may need someone who knows your wishes to be your advocate.

AUGUST WORKSHOP SCHEDULE



King

Wednesday @ 3pm
08/27/25

King Senior Center
107 White Road
Community Bldg.
Lower level of Recreation Acres

Lexington

Wednesday @ 2pm
08/06/25

Lexington Medical Center
In the Live Well Center
250 Hospital Dr.

Mocksville

Wednesday @ 1pm
08/13/25

Davie County Senior Center
278 Meroney St.

Walkertown

Thursday @ 10am
08/28/25

Walkertown Library
2969 Main St.



Winston-Salem

Thursday @ 2pm
08/14/25

Generations Center
114 W. 30th Street
(Behind Senior Services)

Wednesday @ 5pm
08/27/25

Trellis Supportive Care
Williams Education and
Counseling Center Building
Room B, 101 Hospice Ln.



Join from anywhere every Tuesday at 1:00pm