

2018 Grief Counseling Services (November and December)

Location for all groups: Trellis Supportive Care
101 Hospice Lane • Bldg 121 • Williams Education & Counseling Center
Winston-Salem, NC 27103

Moving Forward: Coping with Suicide Loss

A group for those who have lost a loved one to suicide.
Call (336) 331-1333 for more information about group sessions.

Monthly Support Group

Coping with the Death of a Child of Any Age

2nd Tuesday of each month, 6:00 – 7:30 pm

November 13*, December 11

*Meet jointly with the *Coping with the Holidays* workshop on November 13.

Journey: Teen Workshop

Thursday, 6:00 – 7:30 pm

December 6

‘Coping with the Holidays’ Workshop for Adults

Tuesday, November 13, 6:00 – 7:30 pm

Thursday, December 6, 2:30 – 4:00 pm

See reverse for group descriptions.

There is no fee for groups or workshops. Space is limited; advance registration is requested. To register, call 336-768-6157, ext.1600.

2018 Grief Counseling Services

Group Descriptions: November and December

Moving Forward: Coping with Suicide Loss

A mutual support group for family and friends of those who have died by suicide. A brief intake interview is required before joining the group. Open to adults. Call (336) 331-1333 for more information.

Monthly Support Group: Coping with the Death of a Child of Any Age

A monthly bereavement support group for adults coping with the death of a child of any age. A brief intake interview is required before joining the group. Call (336) 331-1300 for more information.

Journey: Teen Workshop

A bereavement workshop for teens, ages 13 through high school graduation. Through the use of the creative arts, participants will explore feelings, gain practical coping skills, and connect with a supportive peer group. This workshop is open to new and returning participants. Call (336) 331-1348 for more information and to register.

'Coping with the Holidays' Workshop for Adults

An educational workshop for adults to support healthy coping during the holiday season and to remember loved ones. Please call (336) 768-6157, ext. 1600 for more information and to register.

Additional information about **Trellis Supportive Care** services may be found at www.TrellisSupport.org. Visit the Grief Counseling page for current group offerings or to complete an online request for individual counseling.