

## **2018 Grief Counseling Services (November and December)**

### **Monthly Grief Support Group: Coping with the Death of a Loved One**

Monthly support groups are open to new members throughout the year.

They are offered to adults in the community who have experienced a death-related loss. A brief intake interview is required prior to attendance.

Group meets in Salisbury, NC. There is no fee for group sessions, though a pre-group interview is required.

Please call (336) 331-1348 for more information and to register.

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### **‘Coping with the Holidays’ Workshop for Adults**

An educational workshop for adults to support healthy coping during the holiday season and to remember loved ones.

**Wednesday\*, November 7, 6:00 – 7:30 pm**

Rowan Public Library, Headquarters

Stanback Auditorium

201 W. Fisher Street, Salisbury, NC 28144

**\*Pre-registration is required.** There is no fee for this workshop.

Call (336) 331-1348 for more information and to register.