

PALLIATIVE CARE



Palliative • Hospice • Family Support

A HELPING HAND FOR PEACE OF MIND

A serious illness diagnosis brings a lot of uncertainty to you and your family. That is when a consultation with our highly-trained Palliative Care specialists can offer the guidance and specialized medical assistance that brings you peace of mind. Your experience will be personalized with a Palliative Care specialist, who is an expert in managing symptoms associated with advanced illness. After all, that's what Palliative Care is about—improving the quality of your life.

Our Palliative Care specialists will serve as a consultant, focusing on symptom relief while working alongside your doctor. If you're seeking Palliative Care, you can visit our clinic on our Trellis Supportive Care campus in Winston-Salem for answers to any of your questions.

IT'S ABOUT **FEELING BETTER**

Palliative Care is a medical specialty where patients with advanced illnesses such as Cancer, Congestive Heart Failure (CHF), Chronic Obstructive Pulmonary Disease (COPD), and Dementia receive care to help with symptoms. The goal is to improve your quality of life.

If you or a loved one are facing a serious illness, and not yet ready for hospice care, our Palliative Care services can be provided in combination with other curative therapies in order to:

- Relieve pain, nausea, fatique, weight loss, breathlessness, depression, or anxiety
- Provide emotional support after a diagnosis and facilitate discussions about your goals of care
- Assist in making difficult medical decisions
- Ensure as much comfort and physical activity as possible
- Work alongside other physicians to manage symptoms and improve your quality of life
- Evaluate your medical progress



LIVE FULLY LIVE COMFORTABLY

The Palliative Care team will come to you, wherever you call home – including nursing homes and assisted living facilities. Our team develops a comprehensive plan for providing quality care, symptom management, and emotional support to patients and families. Your team is available 24-hours a day, seven days a week.

