TRELLIS
Supportive Care
Palliative • Hospice • Family Support

The Circular

Fall/Winter • 2026

Nearly three decades of Comfort, Compassion, and Faith

Rennie Adcock
Chaplain Team Lead

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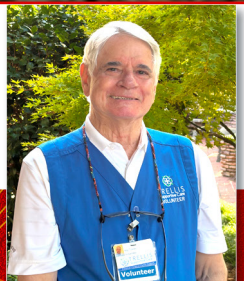

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American Heart Association.



A message from Dr. Mike Lalor, President & CEO

As I write this November, we are observing National Hospice and Palliative Care Month. This year's theme, "Care You Can Trust," reflects something deeply personal: the confidence families place in us when they invite us into their lives during a time of uncertainty.

At Trellis Supportive Care, we work to earn that trust every day—through compassionate listening, skilled care, and a commitment to what matters most to each patient and family.

This fall, we have another meaningful reason to celebrate that commitment. Trellis recently earned the American Heart Association's Palliative/Hospice Heart Failure certification, recognizing our adherence to evidence-based standards for caring for people with advanced heart failure. These standards emphasize clinical care, care coordination, and education for patients and caregivers.

Behind this achievement are dedicated colleagues who eagerly embraced additional training and opportunities to deepen their expertise. I am grateful for their enthusiasm, their thoughtful work, and their determination to keep learning. Their efforts reflect a shared belief that compassionate care and clinical excellence belong together.



As the holiday season approaches, that combination takes on special meaning. For families living with serious illness, the holidays can bring both joy and uncertainty. Our role is to help ease the burdens of illness and make room for the moments that matter: a familiar story, a favorite tradition, or simply being together.

If someone you love could benefit from support, please do not feel you must wait until the holidays have passed. When time may be limited, care now can help families spend less time managing symptoms and worry and more time enjoying one another.

To our patients, families, staff, volunteers, and supporters: thank you for being part of the Trellis community. May the coming season bring you comfort, connection, and meaningful moments with those you love. It is a privilege to walk alongside you.

A Gift for Generations to Come



If you have visited our Hospice Home, you may have been welcomed by Skip Tussey, a dedicated volunteer for more than 14 years and generous donor whose kindness has touched many in our Trellis family. Skip's commitment to caring for others extends well into the future. He has included Trellis Supportive Care in his estate plans, helping ensure that patients and families will continue to receive comfort, dignity, and support for generations to come. We hope Skip's example inspires you to consider including Trellis in your own will or estate plans. To learn more, we invite you to reach out for a confidential, no-obligation conversation. Email Shannon Neal at ***SNeal@TrellisSupport.org*** or call (336) 331-1323.



Caring for the People Who Care for Others

At Trellis Supportive Care, compassionate care depends on people working together—and team leaders play an important role in helping that happen.

With backgrounds in front-line nursing, these leaders understand the demands of caring for patients and families. They know that a day rarely unfolds exactly as planned and that each patient's needs deserve thoughtful attention. That experience shapes how they lead: with practical knowledge, empathy, and an appreciation for the people providing care.

Their work requires a careful balance. Team leaders help navigate competing priorities while keeping patients and families at the center of every decision. They also readily visit patients themselves, maintaining a direct connection to the people they serve.



Team Managers: (standing L-R) Mary Phillips, Deborah Marks, Marie Ward, Taylor Callahan, Jay Waldroup, (seated) Amy Memory and Ashley Freeman

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When needs change or challenges arise, they help their teams determine what requires immediate attention and how best to move forward.

Equally important, they nurture the people doing this deeply meaningful work. They listen, offer encouragement, and help team members feel supported rather than alone in difficult moments. They create space for questions and help team members build confidence in their judgment and abilities.



Valerie Allen
Director of Nursing Homecare



Lauren Mills, Admissions Team Manager
Tom Nagle, Hospital Admissions Team Manager

Much of this leadership takes place in everyday actions—in a conversation, a moment of reassurance, or help sorting through a demanding day. But its impact reaches beyond the team. That support helps sustain the attentive, compassionate care that patients and families count on.

At Trellis, team leaders bring their nursing experience to a different kind of caregiving: caring for their teams while helping ensure that every patient and family receives the care they need.

A Fond Farewell

After nearly three decades of supporting, listening to, praying with, and singing to our patients and families, Chaplain Rennie Adcock is retiring. A chaplain, coworker, and all-around wonderful person, Rennie leaves with our heartfelt thanks and a bittersweet goodbye.



If he looks familiar, perhaps he has touched your life or the life of someone you love through his gentle kindness and pastoral care. His calming presence has been a fixture at our Hospice Home, where he has served countless families.

We asked Rennie to share some thoughts as he prepares for retirement.

Q: What are the most profound takeaways from your work as a chaplain?

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I have a keen awareness of how fragile life can be and that we should never take time for granted. I've learned that making meaning and finding hope are two core spiritual tasks at life's end.

Q: What have been the greatest rewards of your work?

Helping people feel safe and loved at the end of life has been my passion. Every patient and family has a unique story to tell, and I've learned so much about life. I've also tried to help patients create future stories and leave a meaningful legacy.

It has been a great privilege to work with an amazing team and build lasting relationships with my coworkers. I've also had the joy of working with the same families over several generations. I see families I cared for 10 or 20 years ago, and they remember our time together at the bedside in great detail.

Q: What are you looking forward to most in your next chapter?

I look forward to moving to our new home on High Rock Lake, where I'll spend time with our two sons, their wives, and our five grandchildren. I'm grateful I'll have more time with my 93-year-old mom. I'm also excited to have more time for hobbies, music, and taking some classes with my wife.

Q: Do you have any parting words?

Being a spiritual care counselor for all these years has been a true blessing in my life. I will forever be grateful for this staff and the work of hospice in this community. It's made me a better person.

Looking to Support Trellis with a Year-End Gift? – Tax-Smart Gifts

Trellis Supportive Care works to ensure patients and families in our community can access the compassionate end-of-life care they need. By donating appreciated stock, giving from your IRA (if you're 70 1/2 or older), or recommending a grant from your Donor-Advised Fund, you can make a tax-smart gift that powers our work and changes lives.

To learn more, visit TrellisSupport.org.



Give a Gift. Share the Love.

Celebrate someone special while supporting compassionate patient care. Our commemorative ornaments and Holiday Honor Cards offer two meaningful ways to give this season.



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Light Up A Life Ornaments

Honor or remember a loved one with a beautiful handmade ornament, personalized with their name, for a $35 donation. Display stands are available for an additional $5 each. Simply visit our website to order, and if you have questions, email ***LightUpALife@TrellisSupport.org*** or call Rosalie Bland at (336) 331-1326.

Special thanks to our Light Up A Life Presenting Sponsor, Salem Funerals and Cremations.

Holiday Honor Cards

Let loved ones know you're thinking of them with a gift to Trellis in their honor.

- $10 per card: Personalize and mail the cards yourself.
- $15 per card: We'll personalize and mail them for you.

Our cards are appropriate for a variety of holiday celebrations.



For delivery by Christmas, please order by December 18.

To place an order, email ***HolidayCards@TrellisSupport.org*** or call Shannon Neal at 336-331-1323.

HOPE RUN 5k
and music in the park
April 17, 2027
TRELLIS SUPPORTIVE CARE

Hope Run
April 17, 2027
Bailey Park



Kentucky Derby Party
May 1, 2027
Robert Hall

2027
KENTUCKY DERBY
Party

We put our HEART into it

We Are Now Certified by the American Heart Association



Trellis has earned Palliative/Hospice Heart Failure certification from the American Heart Association®, a global force changing the future of health for all. The certification provides an evidence-based framework for evaluating palliative and hospice care agencies against the American Heart Association's rigorous science-based standards for heart failure patients.

The certification signifies confidence that:

- Trellis Supportive Care's heart failure program uses a standardized method of delivering services based on current standards aligned with the American Heart Association science.
- Trellis adheres to evidence-based requirements to improve care and quality of life for heart failure patients.
- Trellis is recognized by the American Heart Association, based on professional evaluation criteria designed by heart failure and home care experts.

Learn more about how we earned this recognition at ***Heart.org/PHHeartFailure.***



"Achieving this certification reflects our team's commitment to deepening our clinical expertise and delivering high-quality, patient-centered care. It takes dedication and discipline, and I'm proud of the work our team put into earning this recognition."

Deborah Barton, VP of Hospice Operations



It's never too soon to start planning for the future. We have partnered with ***FreeWill***, a no cost planning tool to help you easily create your legacy plan in as little as 20 minutes.

Get started today by scanning this QR code.

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Salisbury
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