TRELLIS Supportive Care

Palliative • Hospice • Family Support

Offering In-Person & Virtual Workshops

*All workshops are **Free of Charge.***

If you are unable to communicate your healthcare wishes, who will speak for you, and will they know what to say?

Advance care planning helps your loved ones and healthcare providers honor your goals and wishes if you are unable to speak for yourself. If you are ever in an accident, have surgery, or get a serious illness, you may need someone who knows your wishes to be your advocate.

NOVEMBER WORKSHOP SCHEDULE

got plans? GotPlans123.org

IN-PERSON
Advance Directive Workshops

King	*Wednesday @ 3pm* *11/18/26*	**King Senior Center** 107 White Road Community Bldg. Lower level of Recreation Acres
Salisbury	*Thursday @ 10am* *11/19/26*	**Rufty-Holmes Senior Center** 1120 S. MLK. Jr Ave.
Winston-Salem	*Thursday @ 2pm* *11/05/26*	**Generations Center** 114 W. 30th Street, Room #602 (Behind Senior Services)
	Thursday @5pm *11/19/26*	**Trellis Supportive Care** **Williams Education and Counseling Center Building** Room B, 101 Hospice Ln.

Intergenerational Center for Arts and Wellness



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VIRTUAL
Advance Directive Workshops

Join from anywhere every Tuesday at 1:00pm

For access details and to register, please contact GotPlans@TrellisSupport.org or call 888-876-3663.

TrellisSupport.org | *888-876-3663*

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