

If you are unable to communicate your healthcare wishes, who will speak for you, and will they know what to say?

Advance care planning helps your loved ones and healthcare providers honor your goals and wishes if you are unable to speak for yourself. If you are ever in an accident, have surgery, or get a serious illness, you may need someone who knows your wishes to be your advocate.

SEPTEMBER WORKSHOP SCHEDULE



King

Wednesday @ 3pm
09/23/26

King Senior Center
107 White Road
Community Bldg.
Lower level of Recreation Acres

Mocksville

Wednesday @ 1pm
09/09/26

Davie County Senior Center
278 Meroney St.

Salisbury

Thursday @ 10am
09/17/26

Rufty-Holmes Senior Center
1120 S. MLK. Jr Ave.



Winston-Salem

Thursday @ 2pm
09/10/26

Generations Center
114 W. 30th Street, Room #602
(Behind Senior Services)



Join from anywhere every Tuesday at 1:00pm