

Lighting the Way:

A Grief Support Event for Children, Teens & Adults

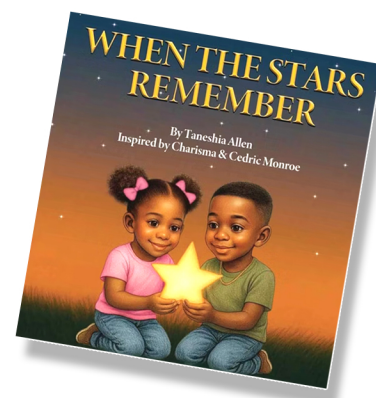
When a death occurs, it can be difficult to know how to best support the children in your life. Good information and care can make all the difference. Join Trellis Supportive Care for a special event that blends education with a guided conversation about loss.

Who should attend?

Children in grades K-12 and their supportive adults. At least one adult must attend with a participating child or teen.

Side-by-Side Workshops

ADULTS will receive education and resources from Trellis grief counselors and hear from special guest Taneshia Allen. Taneshia is a mother and author of *When the Stars Remember*. Her story of navigating grief with young children is a call to creating comforting spaces and real conversations about loss.



CHILDREN & TEENS will explore hands-on, creative art experiences with the Trellis team. These stations will foster remembrance, expression, and a sense of community.

Monday, September 14
6:00 - 7:30 pm

Location: Trellis Supportive Care Main Campus
Williams Education & Counseling Center
101 Hospice Lane, Winston-Salem, NC 27103

Pre-registration is requested. Call (336) 331-1300 or email GriefSupport@TrellisSupport.org to sign up.

Special Guest Spotlight: Taneshia Allen is a children's book author and founder of Forever My Three Publishing. Her work is inspired by her family's lived experience with grief and focuses on helping children and families navigate loss, honor their loved ones, and find comfort through shared experiences and meaningful conversations. Her debut book *When the Stars Remember* was published in February 2026.



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