



Palliative • Hospice • Family Support

# Offering In-Person & Virtual Workshops

All workshops are **Free of Charge.**

If you are unable to communicate your healthcare wishes, who will speak for you, and will they know what to say?

Advance care planning helps your loved ones and healthcare providers honor your goals and wishes if you are unable to speak for yourself. If you are ever in an accident, have surgery, or get a serious illness, you may need someone who knows your wishes to be your advocate.

## MAY WORKSHOP SCHEDULE



GotPlans123.org

**IN-PERSON**  
Advance Directive Workshops

**King**

**Wednesday @ 3pm**  
05/27/26

**King Senior Center**  
107 White Road  
Community Bldg.  
Lower level of Recreation Acres

**Mocksville**

**Wednesday @ 1pm**  
05/13/26

**Davie County Senior Center**  
278 Meroney St.

**Salisbury**

**Thursday @ 10am**  
05/21/26

**Rufty-Holmes Senior Center**  
120 S. Martin Luther King Jr. Ave



**Winston-Salem**

**Thursday @ 2pm**  
05/14/26

**Generations Center**  
114 W. 30th Street, Room #602  
(Behind Senior Services)

**Thursday @ 5pm**  
05/28/26

**Trellis Supportive Care  
Williams Education and  
Counseling Center Building**  
101 Hospice Ln., Room B.



GotPlans123.org

**VIRTUAL**  
Advance Directive Workshops

Join from anywhere every **Tuesday at 1:00pm**

[TrellisSupport.org](https://TrellisSupport.org)

888-876-3663

For access details and to register,  
please contact [GotPlans@TrellisSupport.org](mailto:GotPlans@TrellisSupport.org)

or call 888-876-3663.