

All workshops are **Free of Charge.**

If you are unable to communicate your healthcare wishes, who will speak for you, and will they know what to say?

Advance care planning helps your loved ones and healthcare providers honor your goals and wishes if you are unable to speak for yourself. If you are ever in an accident, have surgery, or get a serious illness, you may need someone who knows your wishes to be your advocate.

APRIL WORKSHOP SCHEDULE



King	Wednesday @ 3pm 04/23/26	King Senior Center 107 White Road Community Bldg. Lower level of Recreation Acres
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Mocksville

Wednesday @ 1pm
04/08/26

Davie County Senior Center
278 Meroney St.



Winston-Salem	Thursday @ 2pm 04/09/26	Generations Center 114 W. 30th Street, Room #602 (Behind Senior Services)
	Thursday @ 5pm 04/24/26	Trellis Supportive Care Williams Education and Counseling Center Building 101 Hospice Ln., Room B.



Join from anywhere every Tuesday at 1:00pm

TrellisSupport.org

888-876-3663

For access details and to register,
please contact GotPlans@TrellisSupport.org

or call 888-876-3663.