

Camp Carousel

Supporting the Grief Journey for
— children — teens — adults —

Learn More About the Camp Carousel Adult Day Retreat

WHO CAN ATTEND?

Adults who are grieving the death of a loved one are welcome to attend. Pre-registration is required. The retreat will be held on **Friday, July 31, 2026, 10:00 am – 3:30 pm.**



WHAT CAN I EXPECT?

Participants will have opportunities to share and receive support as they connect with others who are also grieving a loss. This is a hands-on retreat that fosters creativity as an outlet for sharing feelings and memories, as well as mindful practices to help you cope. This is day that is set apart for your care within a nurturing and supportive environment.

WHERE WILL THE RETREAT TAKE PLACE?

The adult day retreat will be held at the Intergenerational Center for Arts and Wellness, 114 W 30th St, Winston-Salem, NC. Sessions will be held indoors.

WHO WILL LEAD SESSIONS?

Trellis Supportive Care staff and volunteers will be your guides for the day. The team from Sawtooth School for Visual Art, a partner at the Generations Center, will lead one of the sessions as well.

WHAT DOES CAMP CAROUSEL COST?

Camp Carousel is offered at no cost, through generous gifts provided by our community. Donations are welcomed and appreciated. Lunch and session supplies will be provided for you.



DOES MY FAMILY NEED TO HAVE A HOSPICE CONNECTION?

No! Our grief counselors provide care to people throughout our community. You may participate in Camp Carousel if you are grieving a death-related loss and live in the NC Triad. If you have questions about Camp Carousel, please call (336) 331-1300.

HOW DO I REGISTER?



[CLICK this LINK](#) to complete a registration form. Please complete a new form for each participant. The form is also available on the Grief Counseling page at TrellisSupport.org. Please call (336) 331-1300 for assistance.

I AM ALSO INTERESTED IN REGISTERING A RISING 1ST – 12TH GRADER

Camp Carousel will offer sessions for school-aged children and teens during the week of July 6-9, 2026. The week is divided into 2-day experiences for different age groups. More information can be found on the Grief Counseling page at TrellisSupport.org. **[CLICK THIS LINK](#)** to register a rising 1st – 12th grader for Camp Carousel.

Registered participants will receive camp updates & more details in June and July.

Please call (336) 331-1300 for assistance.

