



Palliative • Hospice • Family Support

# Camp Carousel

*Supporting the Grief Journey for*  
— children ★ teens ★ adults —

## Discovering Hope



Camp Carousel offers support to children, teens, and adults who are grieving the death of a loved one. This experiential retreat will foster creative and mindful grief practices. Participants will explore feelings, share memories, and build coping skills in a supportive community.

## Retreat for Adults

Friday, August 1, 2025

10:00 am – 3:30 pm

### LOCATION

Intergenerational Center for Arts and Wellness,  
114. W. 30th St. Winston-Salem, NC

Pre-Registration is Required for Participation

Visit our website for session details

**[Register at TrellisSupport.org](https://TrellisSupport.org)**

For assistance, call (336) 331-1300. There is no charge for participation, though donations are welcomed and appreciated. See separate flyer for details about camp sessions for children & teens.

# Camp Carousel

*Supporting the Grief Journey for*  
— children — teens — adults —



## Learn More About the Camp Carousel Adult Day Retreat

### WHO CAN ATTEND?

Adults who are grieving the death of a loved one are welcome to attend. Pre-registration is required. The retreat will be held on **Friday, August 1, 2025 – 10:00 am – 3:30 pm.**



### WHAT CAN I EXPECT?

Participants will have opportunities to share and receive support as they connect with others who are also grieving a loss. This is a hands-on retreat that fosters creativity as an outlet for sharing feelings and memories, as well as mindful practices to help you cope. This is day that is set apart for your care within a nurturing and supportive environment.

### WHERE WILL THE RETREAT TAKE PLACE?

The adult day retreat will be held at the Intergenerational Center for Arts and Wellness, 114 W 30<sup>th</sup> St, Winston-Salem, NC. Sessions will be held indoors.

### WHO WILL LEAD SESSIONS?

Trellis Supportive Care staff and volunteers will be your guides for the day. The team from Sawtooth School for Visual Art, a partner at the Generations Center, will lead one of the sessions as well.

### WHAT DOES CAMP CAROUSEL COST?

Camp Carousel is offered at no cost, through generous gifts provided by our community. Donations are welcomed and appreciated. Lunch and session supplies will be provided for you.



## DOES MY FAMILY NEED TO HAVE A HOSPICE CONNECTION?

No! Our grief counselors provide care to people throughout our community. You may participate in Camp Carousel if you are grieving a death-related loss and live in the NC Triad. If you have questions about whether or not Camp Carousel may be right for you, please call (336) 331-1300.

## HOW DO I REGISTER?



**CLICK this LINK** to complete a registration form. Please complete a new form for each participant. The form is also available on the Grief Counseling page at [TrellisSupport.org](https://TrellisSupport.org). Please call (336) 331-1300 for assistance.

## I AM ALSO INTERESTED IN REGISTERING A RISING 1<sup>ST</sup> – 12<sup>TH</sup> GRADER

Camp Carousel will offer sessions for school-aged children and teens during the week of July 14-17, 2025. The week is divided into 2-day experiences for different age groups. More information can be found on the Grief Counseling page at [TrellisSupport.org](https://TrellisSupport.org). **CLICK THIS LINK** to register a rising 1<sup>st</sup> – 12<sup>th</sup> grader for Camp Carousel.

**Registered participants will receive camp updates & information July.**

**Please call (336) 331-1300 for assistance.**

