

Grief Counseling Opportunities in 2020

(January – May: groups meeting in Salisbury, NC)

Advance registration is required; there is no charge for services.

Call (336) 331-1300 for assistance.

5-Week Grief Support Group: Coping with the Death of a Spouse or Partner

Support groups are designed to offer education about the grief process, and to build coping skills within a supportive environment. In order to join a 5-week counseling group, participants must attend the first group session. After the first group meeting, membership is closed. Open to adults. Pre-registration is required. Call (336) 768-6157, ext. 1600 to register.

Meets Tuesdays, 1:00 – 2:30 pm

Winter Session: January 21 – February 18

Spring Session: April 21 – May 19

Connect Groups

Bereavement groups designed to offer ongoing connection for 5-week group members. These groups focus upon additional grief education & peer support for coping with the loss of a spouse or partner. Open to previous group members, as well as new group members. Pre-registration is required. Call (336) 768-6157, ext. 1600 to register.

Meets Tuesdays, 1:00 – 2:30 pm

January 14 and March 17

Remembrance Workshop for Children, Teens & their Families

This workshop offers families an opportunity to create a memory banner to share at home. Children and teens must be accompanied by at least one participating adult. Call (336) 768-6157, ext. 1600 to register.

Wednesday, March 25, 6:00 – 7:30 pm

All groups meet in Salisbury, NC. There is no fee for group sessions, though a pre-group interview is required. For location details, information about individual and group counseling, or to register for a group session, please call (336) 331-1300.