

Grief Counseling Opportunities in 2019

(Groups meeting in Salisbury, NC: January – June 2019)

Advance registration is required; there is no charge for services.

Call (336) 331-1300 for assistance.

6-Week Support Group: Coping with the Death of a Spouse or Partner

Support groups are designed to offer education about the grief process, and to build coping skills within a supportive environment. In order to join a 6-week counseling group, participants must attend the first and/or second group meeting(s). After the second group meeting, membership is closed. Open to adults. Pre-registration is required. Call (336) 768-6157, ext. 1600 to register.

Begins January 22: Tuesdays, 1:00 – 2:30 pm

Connect Groups

Bereavement groups designed to offer ongoing connection for 6-week group members. These groups focus upon additional grief education & peer support for coping with the death of a spouse or partner. Open to previous group members, as well as new group members. Pre-registration is required. Call (336) 768-6157, ext. 1600 to register.

Meets Tuesdays, 1:00 – 2:30 pm

January 8, March 12, April 9 & June 4

Remembrance Workshop for Children, Teens & their Families

It is important for families to have opportunities to remember loved ones. This workshop will offer families an opportunity to create a memory banner to share at home. Children and teens must be accompanied by at least one participating adult. Call (336) 768-6157, ext. 1600 to register.

Wednesday, March 27 6:00 – 7:30 pm

All groups meet in Salisbury, NC. There is no fee for group sessions, though a pre-group interview is required. For location details, information about individual and group counseling, or to register for a group session, please call (336) 331-1300.