

## Grief Counseling Opportunities in 2019

(Groups meeting in Salisbury, NC)

Advance registration is required; there is no charge for services.

Call (336) 331-1300 for assistance.

### 6-Week Grief Support Group: Coping with the Death of a Spouse or Partner

Support groups are designed to offer education about the grief process, and to build coping skills within a supportive environment. In order to join a 6-week counseling group, participants must attend the first and/or second group meeting(s). After the second group meeting, membership is closed. Open to adults. Pre-registration is required. Call (336) 768-6157, ext. 1600 to register.

**Begins September 17: Tuesdays, 1:00 – 2:30 pm**

### Connect Groups

Bereavement groups designed to offer ongoing connection for 6-week group members. These groups focus upon additional grief education & peer support for coping with the loss of a spouse or partner. Open to previous group members, as well as new group members. Pre-registration is required. Call (336) 768-6157, ext. 1600 to register.

**Meets Tuesdays, 1:00 – 2:30 pm**

August 20, September 10, November 26 & December 17

### Coping with the Holidays: Workshop for Adults

An educational workshop for adults to support healthy coping during the holiday season, and to remember loved ones. Pre-registration is required. Call (336) 768-6157, ext. 1600 to register.

**Tuesday, November 12: 6:00 – 7:30 pm**



**Camp Carousel registration for rising 1<sup>st</sup> – 12<sup>th</sup> graders is open:  
see flyer to learn more about the Salisbury day camp on August 2!**

All groups meet in Salisbury, NC. There is no fee for group sessions, though a pre-group interview is required. For location details, information about individual and group counseling, or to register for a group session, please call (336) 331-1300.