

Grief Counseling Opportunities in 2019

(October – December: all groups meet in Salisbury, NC)

Advance registration is required; there is no charge for services.
Call (336) 331-1300 for assistance.

Connect Groups

Bereavement groups designed to offer ongoing connection for previous 6-week group members. These groups focus upon additional grief education & peer support for coping with the loss of a spouse or partner. Open to previous group members, as well as potential group members. Pre-registration is required. Call (336) 331-1300 to register.

Meets Tuesdays, 1:00 – 2:30 pm

November 26 & December 17

Coping with the Holidays: Workshop for Adults

This annual workshop for adults provides education and tips for coping with the unique grief triggers which can often occur during the holiday season. Pre-registration is required. Call (336) 331-1300 to register.

Tuesday, November 12: 6:00 – 7:30 pm

All groups meet in Salisbury, NC. There is no fee for group sessions, though a pre-group interview is required. For location details, information about individual and group counseling, or to register for a group session, please call (336) 331-1300.

2020 Group & Workshop Schedule coming soon!
Visit TrellisSupport.org or call (336) 331-1300 for updates