2017 Grief Counseling Services

Location: Hospice & Palliative CareCenter
101 Hospice Lane • Bldg 121 • Williams Education & Counseling Center
Winston-Salem, NC 27103

6-Week* Group Schedule

***In order to join a 6-week counseling group, interested individuals must attend the first and/or second group meeting(s). After the second group meeting, membership is closed.**

Coping with the Death of a Spouse/Partner

1:30-3:00 pm

Winter Session: Begins Tuesday, January 31
Spring Session: Begins Monday, April 3
Fall Session: Begins Tuesday, September 26

Coping with the Death of a Spouse/Partner

6:00-7:30 pm

Winter session: Begins Monday, January 30
Spring Session: Begins Tuesday, March 28
Fall Session: Begins Monday, September 25

Coping with the Death of a Parent

6:00-7:30 pm

Winter session: Begins Tuesday, January 31
Spring Session: Begins Monday, March 27
Fall Session: Begins Tuesday, September 26

To register, call 336-768-6157, ext. 1600

Bi-Monthly Bereavement Support Group
For Those Coping with the Death of a Loved One

2nd and 4th Thursdays of each month, 2:00-3:30 pm

January 12 & 26, February 9 & 23, March 9 & 23, April 13 & 27, May 11 & 25, June 8 & 22, July 13 & 27, August 10 & 24, September 14 & 28, October 12 & 26, November 9*, December 28*

*The group will meet only once in November and December due to the Holidays

To register, call 336-768-6157, ext. 1600

Left Behind: A Group for Survivors of Suicide

A mutual support group for family and friends of those who have died by suicide

2nd and 4th Tuesdays of each month, 6:00-7:30 pm

January 10 & 24, February 14 & 28, March 14 & 28, April 11 & 25, May 9 & 23, June 13 & 27, July 11 & 25, August 8 & 22, September 12 & 26, October 10 & 24, November 14 & 28, December 12*

* The group will meet only once in December due to the holidays

Call Kelley Ryan at 336-331-1333 for registration and a brief intake interview

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There is no fee for groups, though advance registration is requested

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Monthly Bereavement Support Group for Parents Coping with the Death of a Child of Any Age

2nd Tuesday of each month, 6:00-7:30 pm

January 10, February 14, March 14, April 11, May 9, June 13, July 11, August 8, September 12, October 10, December 12

***No meeting in November due to 'Coping with the Holidays' Workshop**

To register, call 336-768-6157, ext. 1600

JOURNEY: Monthly Teen Retreats

Thursdays, 6:00-7:30 pm

For teens, ages 13 through high school graduation, grieving the death of a loved one

January 19, February 16, March 23, April 27, May 18, September 21, October 19, November 16, December 14

Call Susanna Lund at 336-331-1348 for registration and a pre-group interview

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2017 Camp Carousel

Winston-Salem: Monday, July 17—Friday, July 21

Soul Expressions

Creative Arts Therapies self-care workshops for adults who are grieving the death of a loved one

Friday, March 24, 10:00 am – 12:30 pm
Monday, May 15, 10:00 am – 12:30 pm
Friday, September 22, 10:00 am – 12:30 pm

To register, call 336-768-6157, ext. 1600

Coping with the Holidays

A workshop designed to develop coping skills during the holiday season for those who are mourning the death of a loved one

Tuesday, November 14
6:00-7:30 pm
Open to Adults

Thursday, December 14
1:30-3:00 pm
Open to Adults

To register, call 336-768-6157, ext. 1600

There is no fee for groups, though advance registration is requested

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Hospice & Palliative CARECENTER

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