

2018 Grief Counseling Services (September – December)

6-Week Grief Support Group: Coping with the Death of a Spouse/Partner

Six-week groups offer opportunities for individuals to meet with others who have experienced similar losses. In order to join a six-week counseling group, participants must attend the first and/or second group meetings. After the second group meeting, membership is closed. Each group builds upon the previous group, and educational reading materials and homework assignments are given. Groups are open to any member of the community who has experienced a death-related loss. A brief intake interview is required before joining the group. Open to adults.

Begins Tuesday, September 11, 2018. Please call for more information and to register.

Monthly Grief Support Group: Coping with the Death of a Loved One

Monthly support groups are open to new members throughout the year. They are offered to adults in the community who have experienced a death-related loss. A brief intake interview is required prior to attendance. Please call for more information and to register.

‘Coping with the Holidays’ Workshop for Adults

Tuesday, November 7, 6:00 – 7:30 pm

An educational workshop for adults to support healthy coping during the holiday season and to remember loved ones. Please call for more information and to register.

Groups meet in Salisbury, NC. There is no fee for groups, though a pre-group interview is required. To register, call 704-637-7645 or 336-331-1348 (direct line) and ask for grief counselor Susanna Lund.